





SEIZURE FIRST AID


(FOR GENERALIZED TONIC-CLONIC SEIZURES)

T Turn person on their side 

R Remove objects/glasses 

U Use something soft under their head 

S Stay calm & stay with the person 

T Time seizure 



DID YOU KNOW?

Epilepsy is not contagious



People with epilepsy want to be treated just like everyone else



Most people with epilepsy no longer have seizures when taking medication



There are many types of seizures, and even the same seizure type doesn't present the same in every person.

REMEMBER...

Never put anything in anyone's mouth or hold a person down when they are having a seizure.



CALL 911
WHEN:

- It is a first time seizure
- It is a new type of seizure for the person
- Seizure lasts more than 5 minutes
- Seizures happen back to back
- Seizure happens along with another injury
- Person has diabetes or is pregnant
- Seizure happens in water



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