

Is Your Child Ready to Transition to Adult Care?



Every adolescent will eventually need to switch from pediatric care to adult-centered medical care, even children with medically complex conditions.

Epilepsy Alliance Florida is here to guide you and your child through this process with the help of a **Transition Coordinator** and detailed digital resources.

START DISCUSSION

12-14

Provider starts the conversation of transitioning to adult care with patient



ASSESS AND PLAN

14-18

Provider assesses patient's readiness for switching to adult care and a plan is developed



COMPLETE TRANSITION

18-22

Patient is successfully transitioned to an adult provider

Age 12-13

- Help your child learn their own health condition(s), medications and allergies
- Encourage your child to ask their doctor questions about their own health

Age 14-15

- Learn what your child knows about their family medical history
- Encourage your child to see the doctor alone for part of their doctor's visits

Age 16-17

- Ask the doctor to talk with your child about their privacy rights when they turn 18
- Discuss with your child if they will need help making healthcare decisions
- Talk with your child about the age they want to transfer to a new doctor for adult care.

Age 18-21

- Ask your young adult to talk to their current doctor about finding them a new adult doctor
- Encourage your young adult to talk to their new doctor and schedule their first appointment.

Source: Got Transition®

