

# BACK TO SCHOOL

## CHECKLIST FOR FAMILIES OF STUDENTS WITH EPILEPSY



### MEDICAL REVIEW

Schedule a visit with your child's healthcare provider to review their epilepsy management plan and medication needs.



### SEIZURE ACTION PLAN

Update or create a Seizure Action Plan in collaboration with your child's healthcare provider and share copies of the plan with the school nurse, teachers, and other relevant school staff.



### MEDICATION MANAGEMENT

Make sure your child's medications are properly labeled and stored in a safe place at school and provide clear instructions to school staff regarding medication administration, dosages, and timing.



### COMMUNICATION WITH SCHOOL

Notify the school about your child's epilepsy diagnosis and any specific needs or accommodations they may require.



### EDUCATION AND AWARENESS

Encourage open discussions about epilepsy in the classroom to foster understanding and empathy among peers.



### SAFETY PRECAUTIONS

Identify any potential triggers for your child's seizures (e.g., lack of sleep, stress, certain stimuli) and discuss strategies to minimize these triggers at school.



### ONGOING COMMUNICATION

Establish a regular channel of communication with the school to stay updated on your child's progress, any seizures that may occur during school hours, and any necessary adjustments to their epilepsy management plan.

